## Activity 1

Positive	Negative
person likes their job	not listening
providing information through a brochure	making assumptions
caring for patients who don't fit the box	not coordinating care
empathy and compassion	rushed
timeliness of results	rude
introducing self	dismissed questions
empathy and compassion	rude responses
discussion of all possible treament options	patient not seen as an individual
open minded	rushing
continuity of care	episodic disconnected care
open communiction and transparency	not listening to complete story
finally getting access to GPS	revolving door
knowledgeable care providers who can support	
patient journey	long wait time and specialist waiting time
seamless care, thorough	not asking about allergies or not reading allergy form
care provider focused on patient priorities	lack of understanding
access to a GP	narrow diversity
holistic approach with broad scope of practice/	
wide treatment toolkit	power struggles
	overdose and death from poor communication re:
empahty	medication
partnership - we are in it together collaboration	
non-judgemental approach	havign to communicate needs over and over
	constantly being asked by new providers what happened
knowledgable	- begin again
shares information to support patient and	
family navigation through system	constantly having to prioritize needs
seamless transition between hospital and	
community	not being heard
family included as key support	not getting access to the right service at the right time
	my own knowledge and experience not being taken into
family cared for	account
information provided in writing with	
explanations	power struggle with care providers
knew what to do and who to call if help was	
needed	tokenism in patient and family centred care
compaction	lack of understanding of neuro-diversity behaviours -
compassion understanding	impacts partnership with provider no clear direction
sharign info clearly	rude
Shangh mo cleany	

good communication good technology timely results empathy

cleaniless, good hygiene modern, professional confident good impression face to face interaction - more caring well organized seamless transition between hospital and community easy to navigate quick services transparent explain to patietn the process, the side effects of medications professional easy going when you go to the GP they can perform small procedures in office instead of needing a referral

conmfortable quiet, peaceful environment makes you feel calm before a surgery answers questions

expalins proocedures GP folows up to check in after a procedure

immediate attention in emergency room expereinced doctor

efficient fast, knowledgeable

value what patient tells them access to a specialist in one week someone brought me something to eat - went out of their way

professional and personalbe

empathetic and compassionate care continuity of care I coudl tell the care giver liked their job hasty rushed horrible food - not edible, not healthy long waitimes

complaints not appropriately addressed or resolved

caregivers that don't seem to care patient has to search for results stigma about mental illness dismissive attitude

lack of training inappropriate referrals care not appropraite to needs feeling shuffled around

fragmented services lack of communication between teams erosion of trust

doesn't spend enough time with patient

only one problem per visit can be discussed

doesn't read lab reports properly

needs to spend more time getting to know the patient

repeat tests unnecesarily due to lack of coordiantion between care providers not believing the patient

rude patronizing nurse - accused of trying to get meds assumptions are made patronizing told "women your age don't have a lot to think about" made to feel vulnerable and unhealthy parent with a DNR ended up having surgery - wishes not honoured not respecting gender use preferences being told we need the bed having to be at VGH for 6 am surgery coming from Chilliwack lack of coordiantion for care LGH not helpful communication

I felt valued human centred and holistic	not very inforamtive or helpful with my ill mother misinforamtion given, mixed and disconnected messages
	LGH family member over medicated with
time allotted to speak to physician was good	hydromorphone resulting in death - no explanation provided
provided good information	too speedy of a discharge
good communication with nurse	hopital room patient bodily fluids not cleaned up for 36 hours
LGH very informative nurse	emgergency at LGH too long of a wait for broken arm
RH - good diagnosis and explanantion of drugs needed and side effects	after arm was set it was too tights adn had to wait 3 hours to have it recast
seamless care after 911 call from paramedic to	too rushed
hospital excellent surgery and physiotherpay services at	toorusned
VGH and UBC	no time take to ensure understaning
respect dignity and compassion	contradicted the patent when mistake pointed out
timely communication	wait time in ED too long and not knowing what to expect
kindness and caring professional	parking expiring while waiting very stressful not enough nurses
suggested good and appropriate treatment	no continuity - no GP's no one has the full picture
good linkage with family doctor	overwheliming info, too much
health care professional who knows you like a	
GP provides continuity of care - one key person up to date with latest evidence and advice	no communication condescending clinical and non clinical staff
encourages patient activation	treating like number or disease not a person
good listening	not greeting us or by name
good rapport	unprofessonial care errors, wrong care
was told expected wait time	breach of confideniality
helped me to self manage clear communication with and between health	missed referrals
care providers	no interpreter
looking at a patient as an individual with	lump patient into group or category that leads to
individual needs	assumptions that may be incorrect
treating patient as partner in their care to	
improve outcomes	not hearing what patients are saying
being open minded ouside traditional approaches	not investigating the diagnosis
including patients support system; family	
involved along the process	not seeing the patient as an individual

discuss all available treatment options with patient to make informed decisions promptness in treatment treated with courtesy and respect consistency and continuity of care

compassion

empathy practitioners that focus on the patietns strengths and share mutual outocmes

encouragement right tools at right time in right format e.g weblinks handouts clarity of communication between health care

knowign what to expect

provider and patient/family

engaging me in my car and decision making empowergn patient by providing information and resources so they can have a role in their care

active listening that leads to clarity, understanding and trust

introduce yourself when first meeting patient

pleasant; smile

ease of access to wifi while waiting access to all gender washrooms

support me as a family member or friend to know my role and how I can be involved send me info give me resources follow up aand let me know what is next acknowledge my strengths even though I am in a vulnerable place provide health apps to get me invovled

Engagement of patients and families is appropriately resourced within the organization

lack in clicnical competency lack of time patient feel rushed poor communication between healthcare teams not acknowledging cultural context of patient lack of apology, process and acknowledgement following a negative experience not takign patient concerns seriously and not acting on concern waiting interminably in ED for friend with no follow up or acknowledgement - 5 hours lack of follow up when i had a very serious healh issue; found more info online with suport group than what I received from my care team

long wait time to see specialist

did not even look at me or acknowledge me or my family members in the room when inquiring about a care procedure or medication was not answered, was dismissed

rude behaviour

clinicians/nurses did not listen don't pay attention to allergy info and give wrong medication

when you are ill cannot find a family doctor GP will only treat i problem per visit then you have to come back mutiple times GPs ask if you have compex care neds then don'take you as a patient long waits for specialist referral

long wait for knee surgery