

WE HAVE A NEW IMAGE! It's been a busy few months, what with statutory holidays for care providers, flu and cold season, and reigniting our Person & Family Centered Care initiative in Richmond Mental Health & Substance Use Services. Our graphic design team of Butler & Wood helped us create the logo that aptly and artfully reflects the visions of a system of care that conveys dignity & respect; participation; collaboration; and information sharing.

Our Logo



**Person & Family
Centered Care**
VCH-Richmond Mental Health
& Substance Use

OUR LOGO IS DESCRIBED AS an abstract flower depicting the person (in green) surrounded by—and equal to—the family and support team (in blue). They are linked together within the person's circle of care (in green). Growth, teamwork and collaboration describe a healthy approach to recovery in a mutually beneficial environment. Protection, safety and the person knowing they are being cared for. The circle of care wraps around the resources of the team, the person, and their family to support them on their road to recovery. This self-contained circular logo reminds individual's they are not alone in their recovery and echoes the Centered Care of the Richmond Mental Health & Substance Use Services vision and mission.

Our Stories

In each edition of our newsletter, we will feature stories that reflect how person & family centered care is becoming the fabric of our services. To start us off we invited the Foundations group at Richmond Mental Health to share their story of welcoming family members to join in. Here's what they had to say:

“ I'm a professional person who at one time had a business, a lovely home plus a wonderful family. So in short I had attained the Canadian dream.

But then in my early 50s, I was diagnosed with Bi-Polar and I would fly between depression and mania. I lost everything: family, business and home. I have now been sober for nine months and I'm mentally well again!

Lucky for me I have a Case Manager she did not give up on me and because of her I'm back in control of my life. Also, I have been attending the Foundations group at the Richmond Mental Health Team. It is a wonderful program where I have learned about navigating the health care system, medication management, mental health conditions, strategies for daily wellbeing, healthy eating and connecting with community. I was also invited to give a speech in Foundations about my life; it was very meaningful to me and hopefully to other people. ”



Staff at RMHT have remarked that attending Foundations along with their clients has deepened their appreciation for the resilience of the individuals they work with.

Please send us your stories at: ann.greene@vch.ca and we'll post them!

Our Mission

Upholding the dignity of individuals through: respectful and compassionate care, empowering patients and families on their journey of recovery, providing hope and opening doors for positive change.



Making a Shift

Make the shift from "Doing to and for" to "Partnering with". An approach to the planning, delivery and evaluation of healthcare grounded in mutually beneficial partnerships among health care providers, patients, clients, residents and families.



Our News

ADVISORS NEEDED

The 20 teams delivering services and programs at Richmond Mental Health & Substance use have been identifying priorities for recognizing more person and family centered care. Each team will begin planning how best to implement changes, and for this they are looking for advisors to work alongside them in their planning and implementation processes. **AND SO...**

The search is on for people interested in joining the Vancouver Coastal Health Community Engagement Advisory Network (CEAN) as advisors to the Person & Family Centered Care initiative.

Visit www.vch.ca/ce and click on *Join Us* or e-mail ce@vch.ca or click on the link below...

[CLICK HERE](#)

COMING SOON!



The Family Advisory Committee has created a Family Information brochure (coming soon)

for families who find they are supporting someone who is in need of care at the Richmond Hospital Emergency, Psychiatric Emergency Unit, or the Mental Health Inpatient Unit. **Thanks** does not begin to convey the appreciation for having this resource available in the Family Resource Center and the Emergency department at Richmond Hospital.

GO WITH THE FORCE



The FORCE offered a viewing of the *Enhancing Engagement of Families-for Service Providers* webinar, and 37 care providers participated!

You can view it here: <http://mediasite.phsa.ca/Mediasite/Play/2a3434745bf049d1af9d099fb5d1a6321d?catalog=eff099bd-d6c5-46c4-84c8-39e6b24498c9>

or click the link... [CLICK HERE](#)

Thank you Jamie and the FORCE for this valuable opportunity into what may and may not help.

An information and orientation session for anyone interested in becoming an advisor is taking place at Richmond Hospital Ralph Fischer Auditorium on Wednesday March 30, 5:30-7:30pm. To register please call Saori at 604 714 3779

